



**VELOCITY
FITNESS**

FREE ONE DAY PASS

Please print this form, fill out the information below, and present to the front desk upon arrival. Thank you!

Name: _____

Address: _____

Phone #: _____

Email: _____

Today's date: _____

I want to ...

(please check all that apply)

Sleep better

Have more energy

Control my weight

Combat health issues

Have more energy

Improve my mood

Reduce stress

Have fun

for Velocity Fitness to fill out

Tour provided by:

How did the guest hear about Velocity Fitness?

Referral *(we have the best members!)*

Yahoo!

Google

Bing